# Extension of Appropriate Post-Harvest Technology in Sub-Saharan Africa: A Postharvest Training and Services Center (PTSC)

#### Principal Investigators:

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# Project Objectives

- 1. Train 30 persons (researchers, extension workers, development workers) from Rwanda, Ghana, Kenya, Tanzania, Benin & Gabon as postharvest specialists via E-learning (Year 1).
- 2. Design & set up a Postharvest Training and Services Center (PTSC) in one target country in Sub-Saharan Africa (Year 2).
- 3. Provide demonstrations, training programs and conduct adaptive research on innovative small-scale appropriate postharvest handling, food safety and food processing methods at the PTSC in collaboration with Trainees and local extension personnel (Years 2 and 3).

# Project Year 1 (Oct. 2010 – Sept. 2011)

- Initiated project with Co-PI in Rwanda,
   Kigali Institute of Science & Technology
- Applications to the Train the Trainer program (Oct. Dec. 2010)
- Start of the ToT program (Jan. 2011)
   40 trainees from 7 Sub-Saharan Africa
- 10 Assignments over year
  - Reading / Websites
  - Field Work
  - Reports
- Visited Rwanda Feb. 2011



# Project Year 2 (Oct. 2011 – Sept. 2012)

- Continuation of ToT program;
   36 Master Trainers complete assignments.
- Change SSA collaboration to AVRDC in Arusha, Tanzania
- Construction of PTSC,
   procurement of tools,
   equipment for training and sale
- Demonstrations prepared for ToT visits to TZ and PTSC launch in October 2012



#### Project Year 3 (Oct. 2012 – Sept. 2013)

- Final in-person ToT training (Oct.) for 32 trainees (Kitinoja, Barrett, Wheeler, Crump)
- AVRDC Inauguration Nov. 2012
- Postharvest Training Dec. 2012 April 2013
  - Robert Odoi\* (\*=Master Trainer) Dec. 2012
  - Lisa Kitinoja & Lizanne Wheeler Feb. 2013
  - Odette Ngulu\* & Bertha Mjawa Feb. 2013
- Postharvest Training May September 2013
  - Janne Remmy\*, Odette Ngulu\*, Bertha Mjawa,
     Xanfon Bitala\*, Diane Barrett, Lisa Kitinoja, Lizanne
     Wheeler, Pat Brown, Anne Perrera
- Monitoring & Evaluation Lisa K. Aug. 2013

# PROJECTYEAR 2

## Oct. 2012 - Training & Graduation

- Master Trainers #1 Oct. 8-12, 2012
  - 16 horticulturalists: 10 women, 6 men
- Master Trainers #2 Oct. 15-19, 2012
  - 16 horticulturalists: 8 women, 8 men
- Postharvest handling practices, storage and processing technologies
- Farmer Training Friday of each week
- Prior to 'graduation' ~8000 people taught
   PH principles by Master Trainers!

#### Hort CRSP Postharvest Trainers from Sub-Saharan Africa at the PTSC (Workshop #1) October 7-12, 2012



#### Hort CRSP Postharvest Trainers from Sub-Saharan Africa at the PTSC (Workshop #2) October 14-19, 2012



# Training of Master Trainers



## Farmer Training – Friday of each week

- October 12, 2012
  - 17 females, 30 males
  - From Nduruma and Bangata villages
- October 19, 2012
  - 14 females, 2 males
  - From Oltoroto village



#### Postharvest Tool Kit



Aha! Now I have the tools and knowledge to be a postharvest specialist!

### PTSC Inauguration – Nov. 22, 2012



315 females 135 males From 10 TZ

# PROJECTYEAR 3

# Small-Scale Handling Practices

Robert Odoi, Master Trainer, Dec. 2012

- Topics covered
  - Assessment survey
  - On-farm and marketing chain causes of loss
  - Commodity systems assessment
  - Demonstrations and discussion of postharvest improvements – cooling, sun-drying etc.
  - Cost/benefit analysis of improved practices
- 1 day, 17 farmers 12 female, 5 male

# Cooling & Cold Storage

Lisa Kitinoja, February 2013



#### – Topics covered:

- Intro: Effects of temperature & relative humidity
- Principles: Objectives of cooling and cold storage
- Methods: Evaporative cooling, ZECC, forced air cooling
- Practices: Cooling, containers, stacking, insulation, air flow
- Cost & benefits
- Management of equipment & structures
- 1 day, 16 men and 1 woman + 8 (7M, 1F)
   Postharvest Education Foundation E-learners

# Zero Energy Cool Chamber

Lizanne Wheeler February 2013



- Topics covered:
  - Needs assessment crops, markets etc.
  - Temperature and relative humidity effects on shelf life of horticultural crops
  - Various types of shade structures at PTSC
  - Building a ZECC requires 600 wet bricks, clean sand, level pad surface
  - Demos: storage in sun, shade and ZECC; hand-washing, cold room, harvesting etc.
- 1 day, 8 women and 6 male farmers



















Making a Zero Energy Cool Chamber









Aha! Experiential learning – doing is believing

# Solar Drying

Entrugry 2012



Odette Ngulu, Bertha Mjawa & Radegunda Kessy February 2013

- Topics covered:
  - Intro to food processing, hygiene & safety
  - Intro to solar drying
  - Hand washing, raw material selection
  - Preparation of fruits and vegetables
  - Packaging of dried products
  - Carried out entire process, returned in 3 days
  - Entrepreneurship, record-keeping, pricing
- 3 days, 21 women and 1 man





















# Aha! Success Story!

- Group of female widows trained in Feb. 2013
- Already purchased own solar dryer
- Requested a more intensive training to ensure they are well versed with solar drying technology



#### **Future Activities**

- Continue Training
  - Master Trainers, Bertha Mjawa (MAFS), Kitinoja, Barrett, Wheeler, Brown
- Research
  - Ngoni Nenguwo, PI from AVRDC, hired with assistance from TZ USAID mission (leveraging)
  - <u>Topics</u>: Use of packing crates, ice packs, ZECC, Coolbot, solar dryer efficiency
- Evaluation (Kitinoja) field visits, reports
- Shop and services



# Monitoring & Evaluation 2012-13

 Keeping records of people trained, visitors to the PTSC, types of goods sold, services rendered, requests for training or goods/services

#### – Examples:

- Number of people trained in TZ at the PTSC (to date ~500)
- Number of people trained by our Master Trainers in 8 SSA countries as of October 2012 (8000 +)
- Number of those trained adopting improved postharvest practices (to be assessed via field visits, interviews, focus groups of trainees in August by LK) -- example of the widows with their own solar drier
- Estimation of changes in income earning potential due to adoption of improved practices (comparative cost/benefit analyses)



#### Thanks for Your Attention!











