

# Seed to Crop: Improved Practices

Part 1 of improved vegetable production training program

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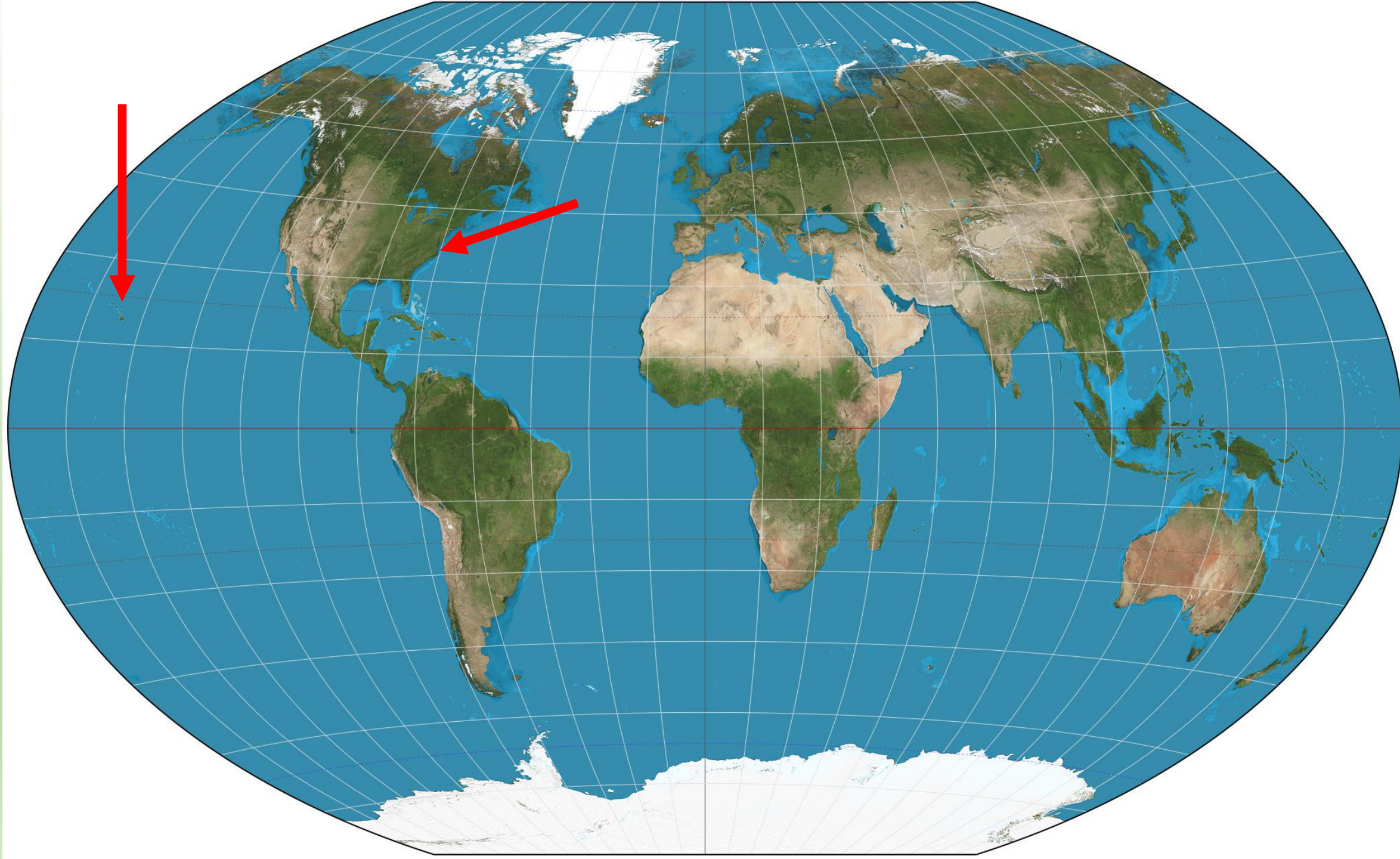
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# Objectives

Discuss possible management practices to improve seedling production

- Nursery establishment
- Nursery management
- Seed acquisition
- Seed sowing
- Seedling management
- Transplanting
- Weed Management
- Irrigation Management







- University of Hawaii Master's Student
- Focus on soil amendments, plant growth, and conservation agriculture
- Horticulture undergraduate degree





# About you

- What are your careers?
- What crops do you grow?
- What are your farming practices?
- What do you want to take away from this discussion?
- What can I learn from you?

# Importance and Overview of vegetable production

- **Nutrition**

- Vitamin A, Iron, Zinc
- Micronutrients





# Importance and Overview of vegetable production

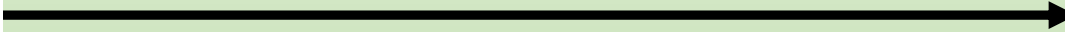
- **Economics**

- Higher market prices
- Good supply/demand
- Wider market



# Importance and Overview of vegetable production

- Vegetables grow faster than most grain crops and can produce more income faster





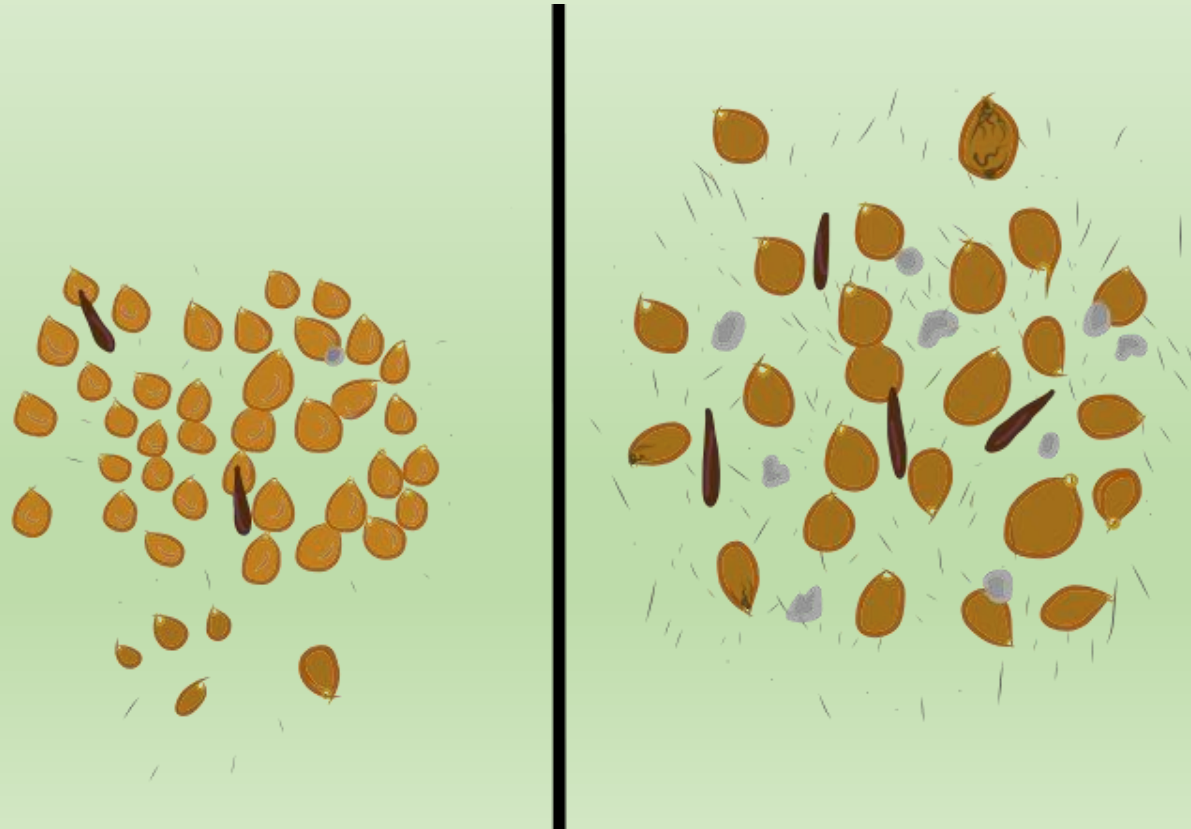
# Seed Acquisition

- Starting with the right seed is very important
- Better germination
- More vigorous plants
- More production
- Uniform crop



# Certified Seed is Best!

- Certified seed guarantees a crop is what it says it is
- Guarantees a certain germination rate





# Save your receipt and keep records!

- Always ask for a receipt with the itemized list of seeds that you buy
- Keep a record of seed buying
- If seeds are not the right variety or do not germinate well you can use your records and a receipt to get your money back.

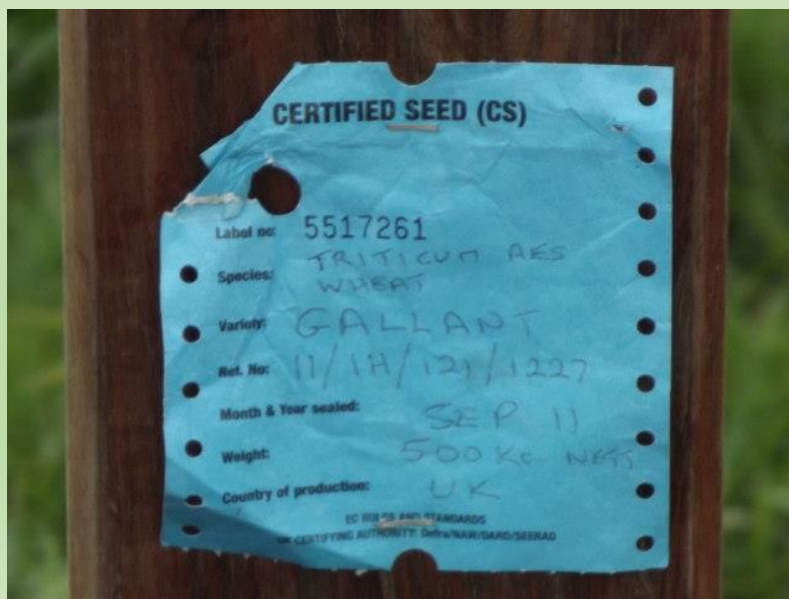


Photo credit, Colin Smith

# Discussion

- What are your hesitations to growing vegetables?
- Where do you normally get seed from?
- What issues do you face with seed acquisition?
- Do you have anything to share with me?



# Nursery Establishment and Management



Photo credit J.B.  
Friday

# Assess farm resources

- Proper assessment of resources
  - Plan, organize, and monitor nursery
- 
1. Determine resources through a mapping process
  2. Evaluate present status, goal, and determine steps to reach goal

# Mapping

- All crop fields
- All structures
- Livestock
- Water access
- Roads and paths
- Landscape features





# Evaluation

- Does your land have the space?
- The right environment?
- Exposure to all day sun
- Close to water source
- Protected from animals
- Protected from elements
- Not close to crop fields



# Nursery Planning exercise

- Number of seedlings needed
- Spacing for seedling density
- Trays or seedbeds?
- Crop rotation?

# Example

- I want to grow 100 tomato, 100 eggplant, 100 nightshade
- I want to grow in seedbeds
- My seedlings need 10 cm spacing in rows 20 cm apart

So....

10 cm x 20 cm x 300 seedlings

= 60,000 square centimeters or 6 square meters

I would only need a small area to grow many seedlings.

Consider extra beds for crop rotation!



# Types of seedling nurseries

- Seedbeds
- Trays







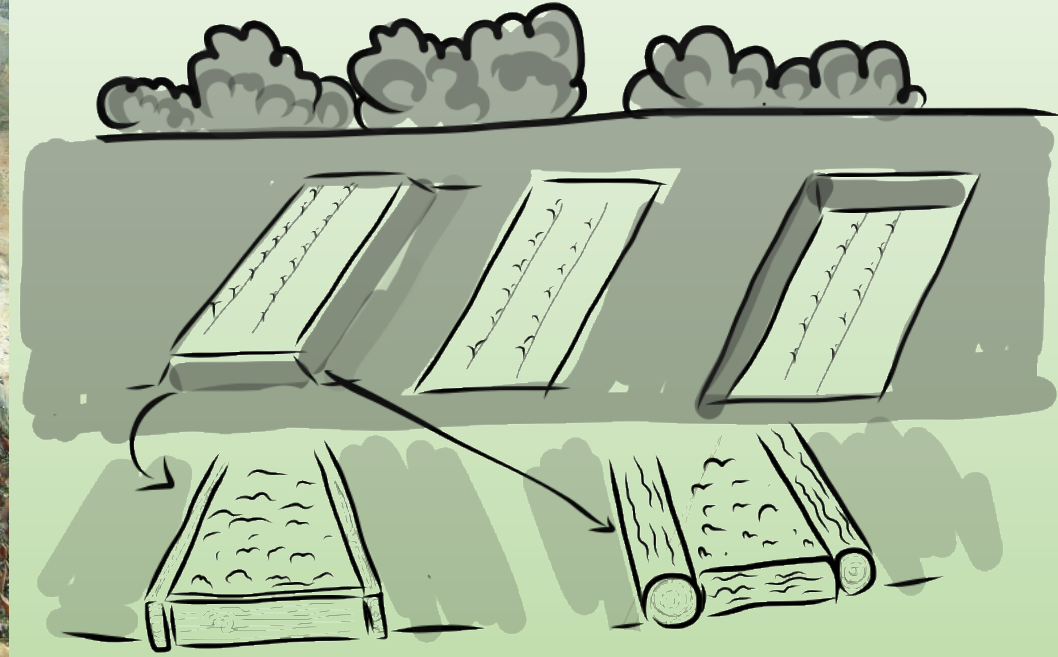




Photo credit Charles Dowding



Photo credit JB Friday



# Protecting Seedlings

- Animals
- Too much sun
- Heavy rain or other weather
- Strong wind



# Windbreak





# Shade structures





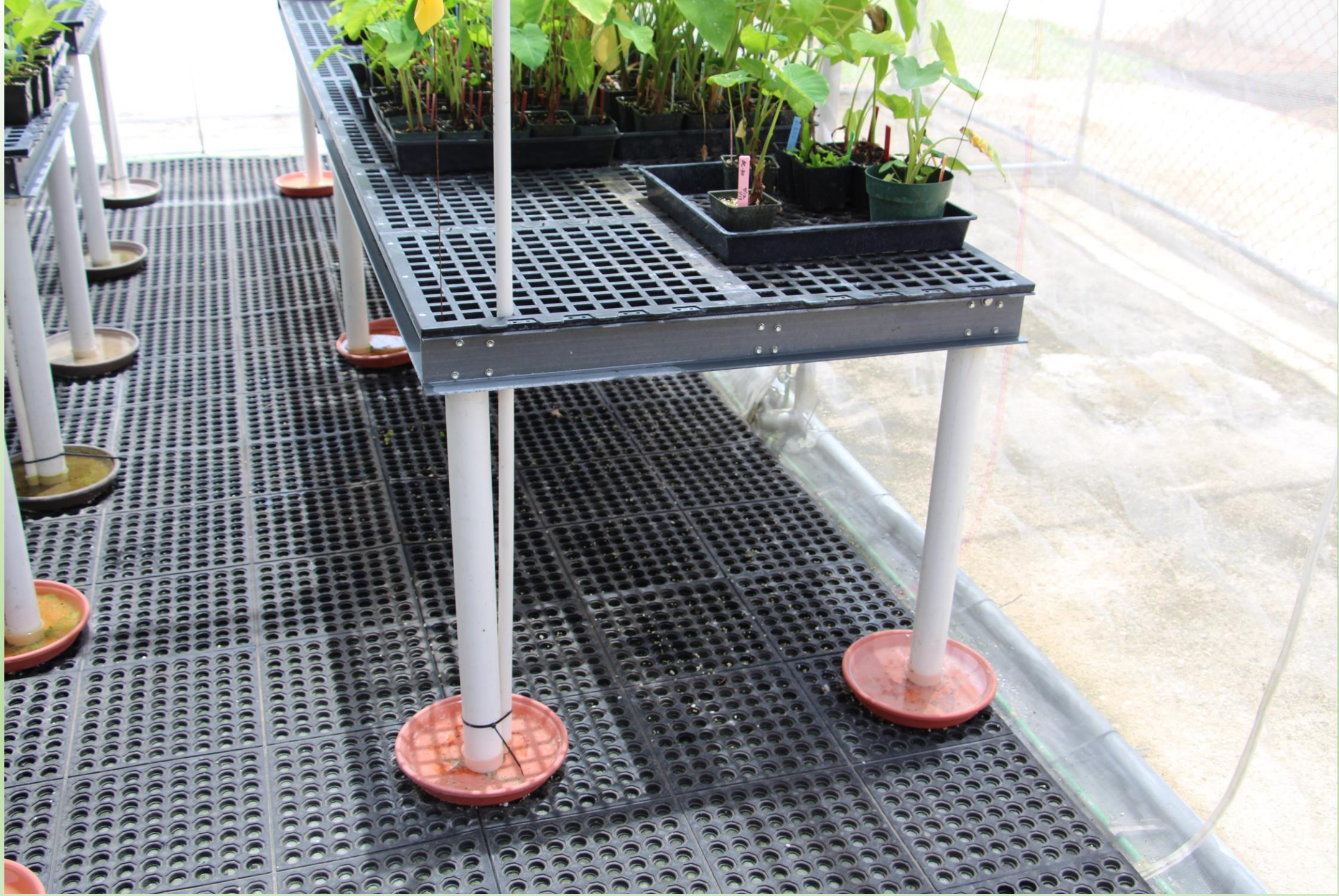
# Fences, tables



Photo credit- NPS









# Water management

- Trays need more watering, seedbeds can sometimes survive on rain only
- Hand watering or drip irrigation would be best

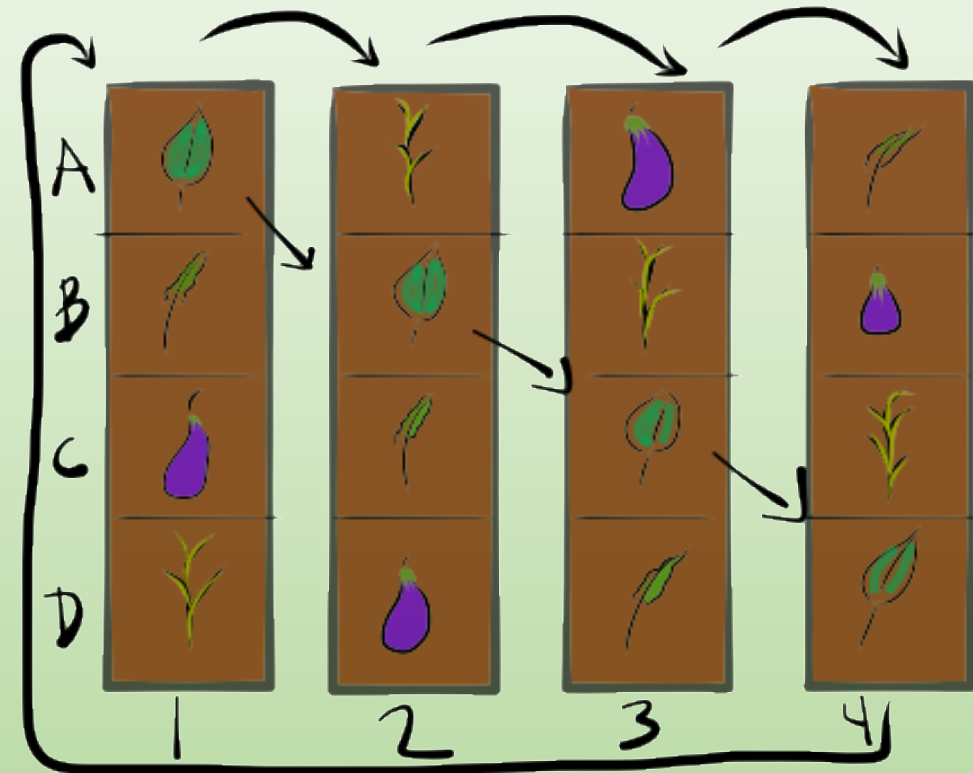
# Fertilizer management

- Seedlings need less fertilizer than large plants
- About 20 liter of compost in seed beds
- Supplement with NPK fertilizer if leaves turn pale yellow



# Crop rotation

- Disease control
- Soil health
- Based on plant family
- Tomato, Nightshade, Eggplant all in the same family



# Keeping records

Seedbed	O-Organic T-Transitional C-Conventional	Size	Crops	Sowing Date	Inputs			Expected Yield	Actual yield
					Input	Date of Use	Rate of Use		
1	O	1mx5 m	Tomato seedling	10/21	Cow manure Lime	10/17	5 lb	150 seedlings	129 seedlings
					Mulch				
2	O	1mx5 m	Fallow					None	
3	C	1mx5 m	Rice seedling	10/21	Potassium nitrate	11/03	14kg/100 L Every week	500 seedlings	512 seedlings
4	O	1mx5 m	Onion seedling		Cow manure	1/15	5 lb	150 seedlings	100 seedlings

# Discussion

- What seedling nursery is preferable?
- What are issues related to seedling protection in your farms?
- Are you using or would you consider crop rotation?
- Did you learn anything new and do you have anything to share with me?

# Seed Sowing- Using a schedule

- Use time to harvest information

	Nightshade	Eggplant	Tomato
Days to Transplant	28-44	28-44	28-44
Days to Harvest	40-60	60-90	60-80
Total Days	68-104	88-134	88-124

# The schedule

Month	January	Feb	March	April	May	June	July	August	Sept	October	Nov	Dec
Tomato	Sow crop 1	Transplant crop 1		Sow crop 2	Harvest crop 1	Harvest crop 1	Harvest crop 1	Harvest crop 2	Harvest crop 2	Harvest crop 2	Harvest crop 3	Harvest crop 3
					transplant crop 2		Sow crop 3	Transplant crop 3		Sow crop 1 for next year	Transplant crop 1 for next year	
Eggplant		Sow Crop 1	Transplant crop 1			Harvest crop 1	Harvest crop 1	Harvest crop 1	Harvest crop 1	Harvest crop 1	Harvest crop 1	Harvest crop 2
								Sow crop 2	Transplant crop 2			
Cover crop	Direct seed cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cover crop	Cut down cover crop and lay for mulch



# Germination test

1. Use a moist cloth
2. Place seeds in cloth
3. Keep cloth moist
4. Check at 7 days for germination and every day after up to 21 days



- Count number of seedlings germinated
- Calculate your germination percentage

Number of seeds germinated/number of seeds sown then x 100

Will give you germination percentage

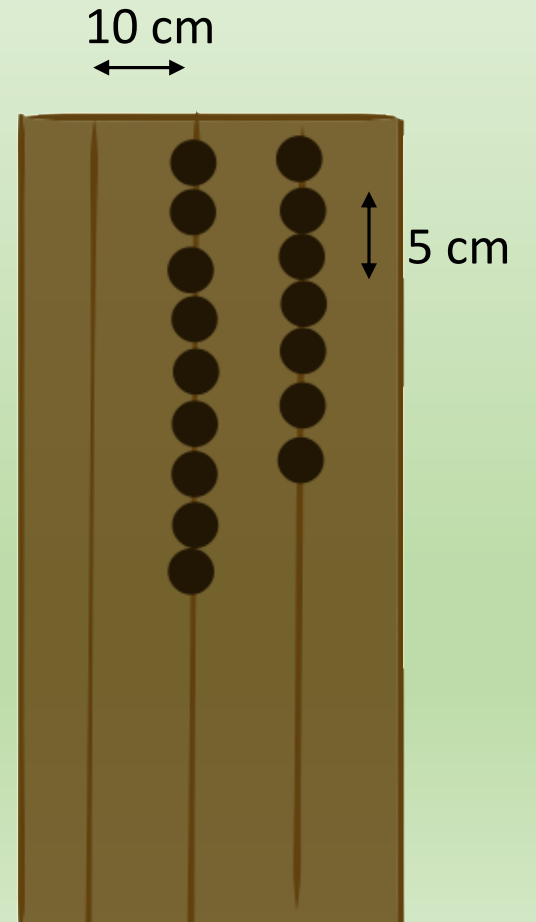
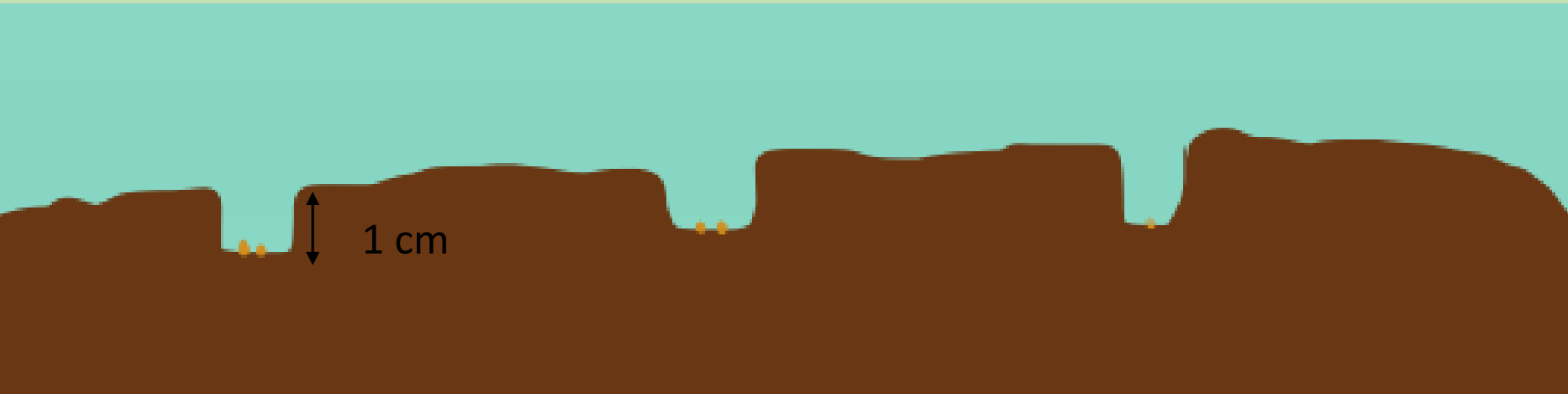
20 seeds used, 17 germinated

$$17/20 = .85 \times 100 = 85\%$$

- Germination is 85%
- I need to know how many extra seedlings to sow to make up for my 85% germination percentage
- Divide the number of seeds needed by the germination percentage
- I want to have 150 seedlings
- $150 / .85 = 176.4$  or 177 seeds
- I need to sow 177 seeds to ensure I will have 150 seeds germinate

# Seed Sowing

- 1 cm depth, 5 cm spacing, 10 cm between rows if planting in seed beds
- Trays are varied in spacing





# Common Problems- Damping off

- Discolored lesion
- Sterilize
- Do not overwater
- Use fungicides



# Stunted Seedlings

- Seedlings are short or leaves are small, discoloration
- Usually nutrient deficiency
- Chemical or salt damage
- Fertilize or run clean water through



Photo credit- University of Minnesota

# Wilted Seedlings

- Leaves and plants weeping over, look dry
- May be too little or too much water
- Or root damage
- Determine irrigation issues
- Check roots for rotting



Photos credit- Debbie Roos



# Burned leaves

- Leaves are brown and dead in spots
- Too much sun
- Or chemical burn
- Keep in 30% shade
- Do not get fertilizers on plant tissue



Photo credit-Ferisulfir

# Leaf Miner

- Very small insect that causes small lines in leaves and dead leaves
- Spray 4% neem seed extract on plants





# Virus Free Seedling Production

- Cover the seed bed with insect netting
- Remove infected plants
- Sterilize seed beds





# Soil Sterilization

- By heat and sun or chemicals
- Wet seed bed or soil
- Cover with black plastic, seal edges with soil
- Let sit for 3-4 weeks in full sun
- 2 days after removing plastic you can use the beds



Photo credit to Rahul143

# Weed Control

- Weeds will quickly take over seed beds and kill seeds
- By hand pulling or very gentle hoeing
- Roots of seedlings are very fragile



# Discussion

- What other seedling problems did I miss?
- Do you, or will you do germination tests?
- Do you, or will you use germination schedules?
- Did you learn anything new from this?
- Do you have anything to share with me?



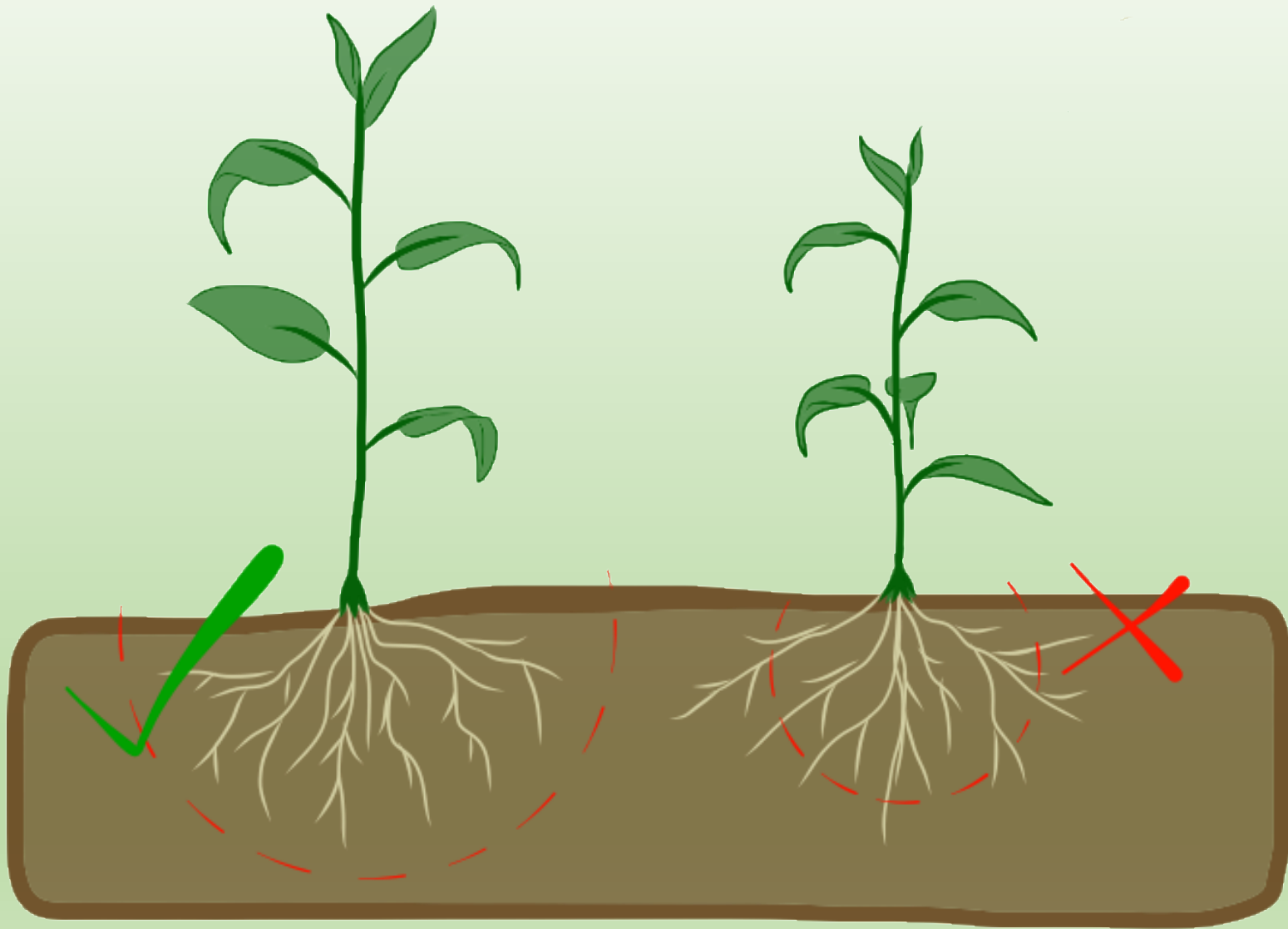
# Transplanting Seedlings

- Timing is very important
- For tomatoes, eggplants and nightshade 4-7 true leaves and 10-15 cm tall is the perfect size to transplant.
- Field should be prepared by destroying weeds or tilling field. Cover crops should be cut back.
- Disturbing soil will cause more weed germination
- Ensure soil is moist before transplanting.
- Transplanting should occur before or after noon to avoid heat



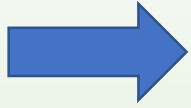
# Hardening off

- Seedlings should be prepared to transplant by hardening off. This involves reducing water supply and removing shade structures around 2 weeks before transplanting.





- Spacing



Tomato

35 x 100 cm

Eggplant

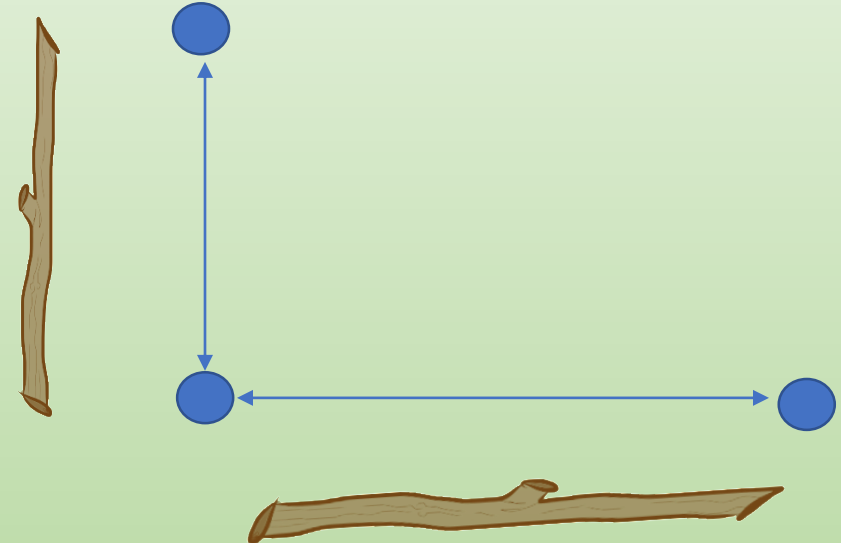
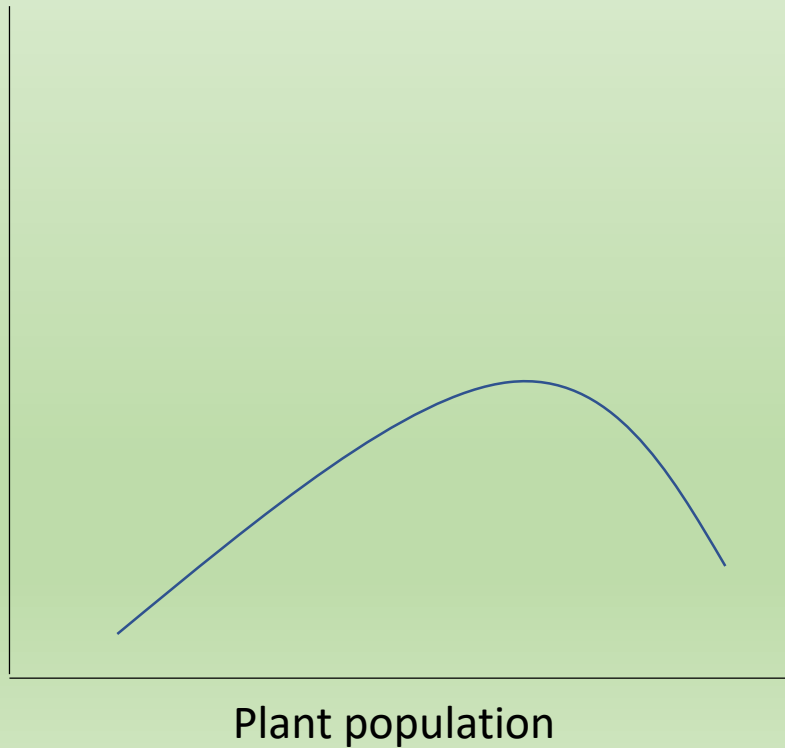
30-75 x 30-75 cm

Nightshade

30 x 100

- Large root balls intact
- Immediately water after

yield

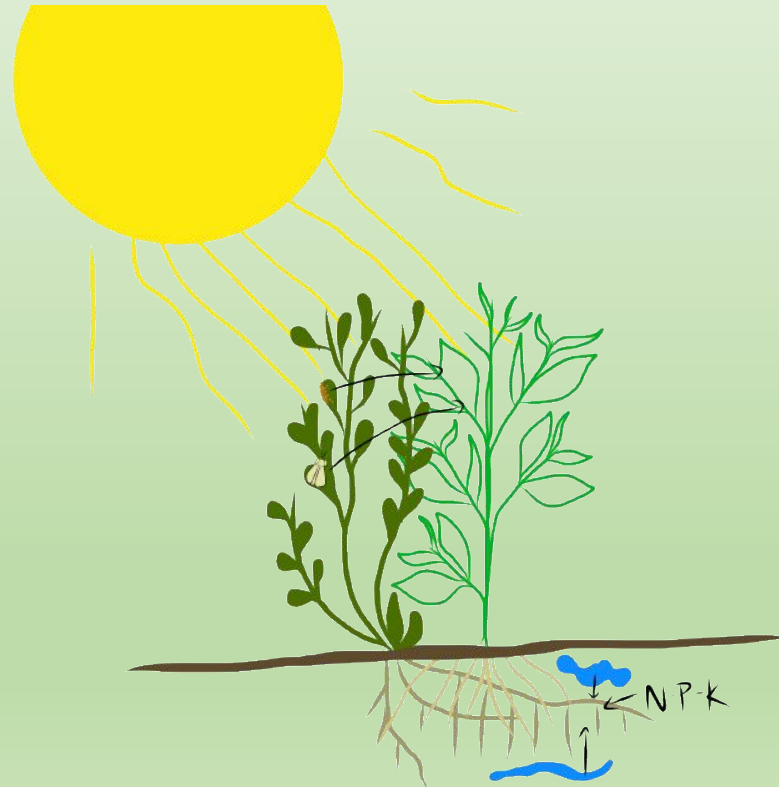


# Discussion

- What is your success rate with transplanting?
- Did you learn anything new from this?
- Do you have anything to share with me?

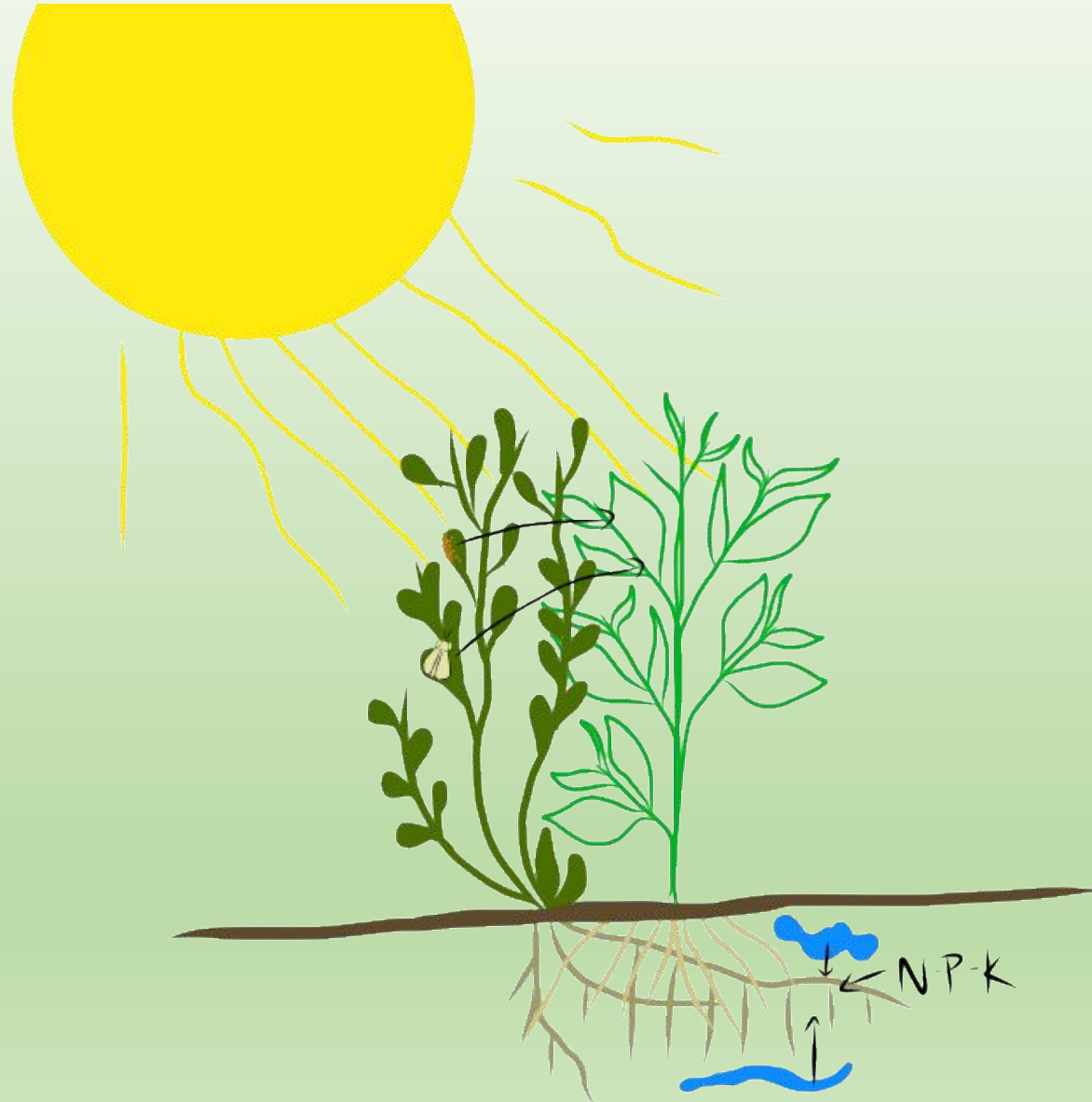
# Weed Management

- Weeds compete for light, water, and nutrients

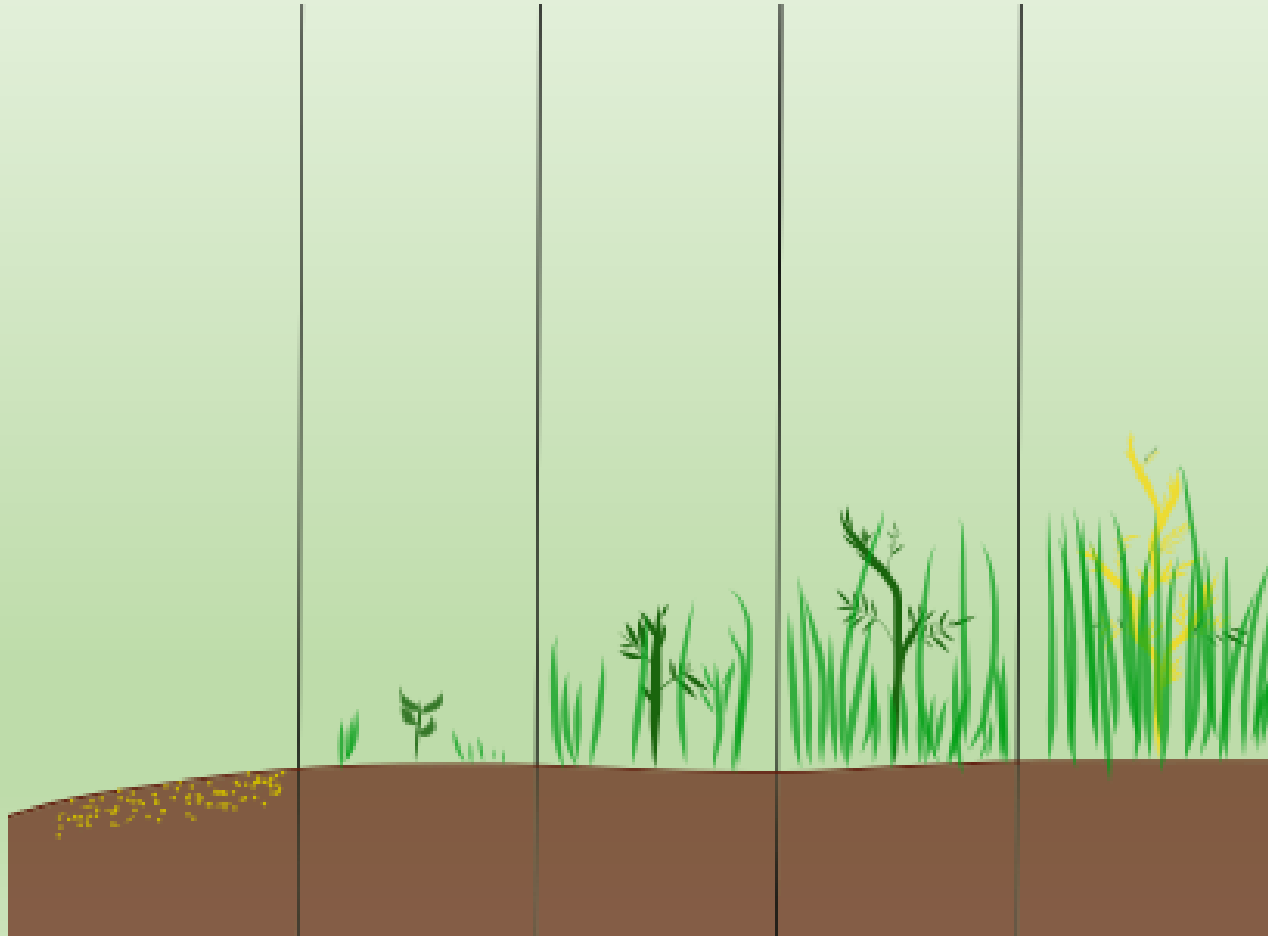




- Weeds also harbor pests and diseases

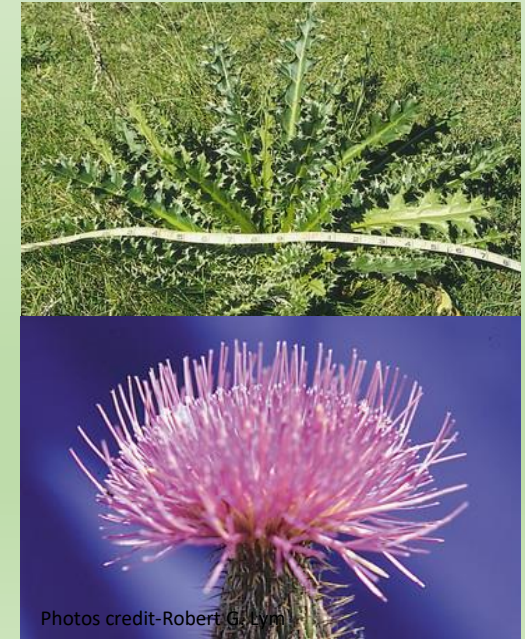


- Weeds seeds last very long in the soil in very large numbers
- Weeds germinate and grow faster than vegetable crops usually



# Weed Classification

Annual	Perennial	Biennial
<ul style="list-style-type: none"><li>• Fast growing</li><li>• Make seeds quickly</li><li>• Short lifespan</li></ul>	<ul style="list-style-type: none"><li>• Lives multiple years</li><li>• Slower growing</li><li>• More difficult to destroy</li></ul>	<ul style="list-style-type: none"><li>• Lives two years</li><li>• First year is growth, second year is reproducing</li></ul>



Photos credit-Robert G. Lynn



### Broadleaves

- All weeds that aren't grasses
- Can grow from many points
- Easier to pull or destroy, can be hoed or mowed



### Grasses

- All grass weeds
- Grow from the base of the plant
- Are more difficult to pull once large and can survive hoeing easier



# Weed Control

- Hand pulling
- Hand cultivating
- Machine cultivating
- Cover crops
- Chemical control



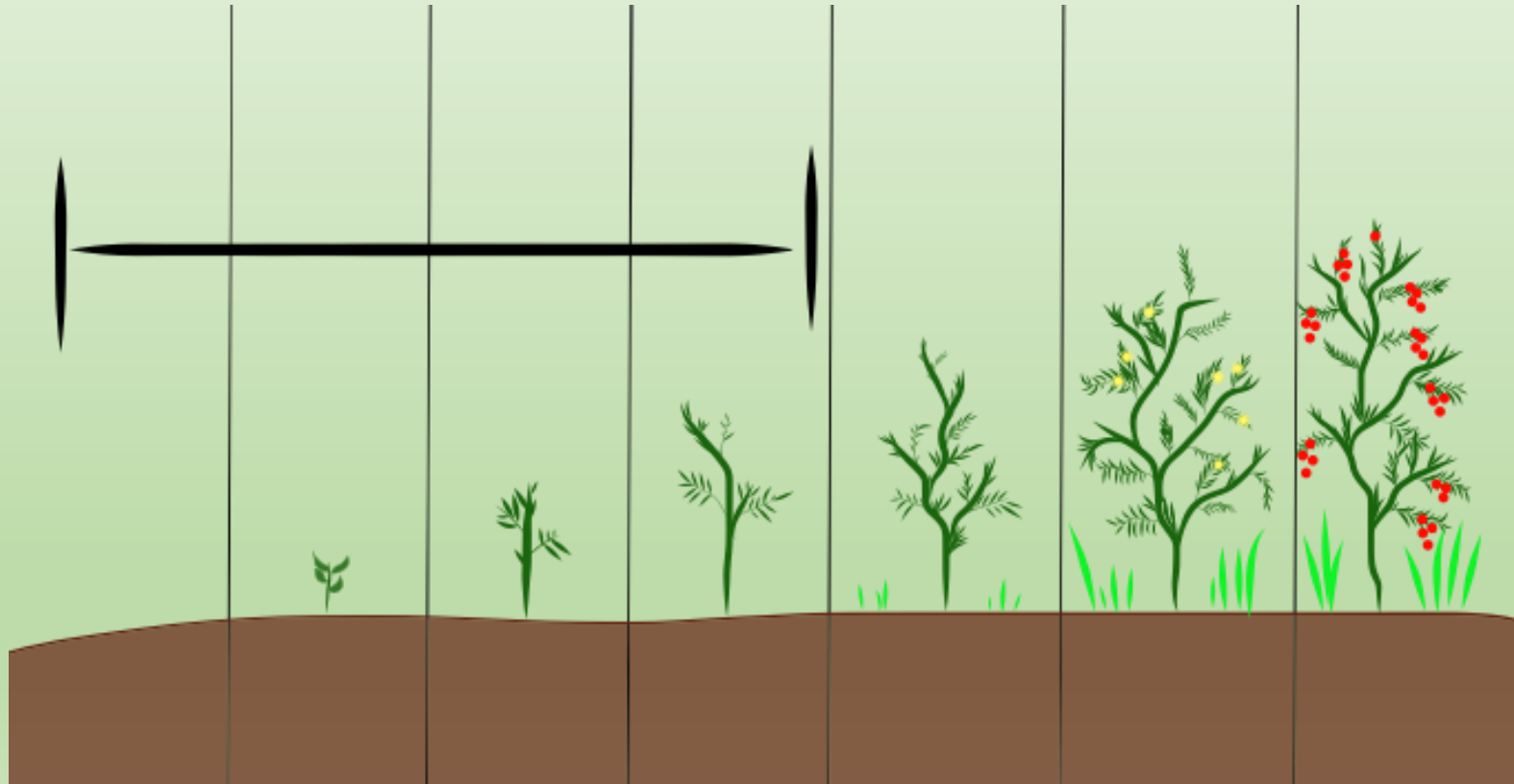


# Timing of Weeding

- Weeding takes many labor and time
- Focus on weeding at critical times



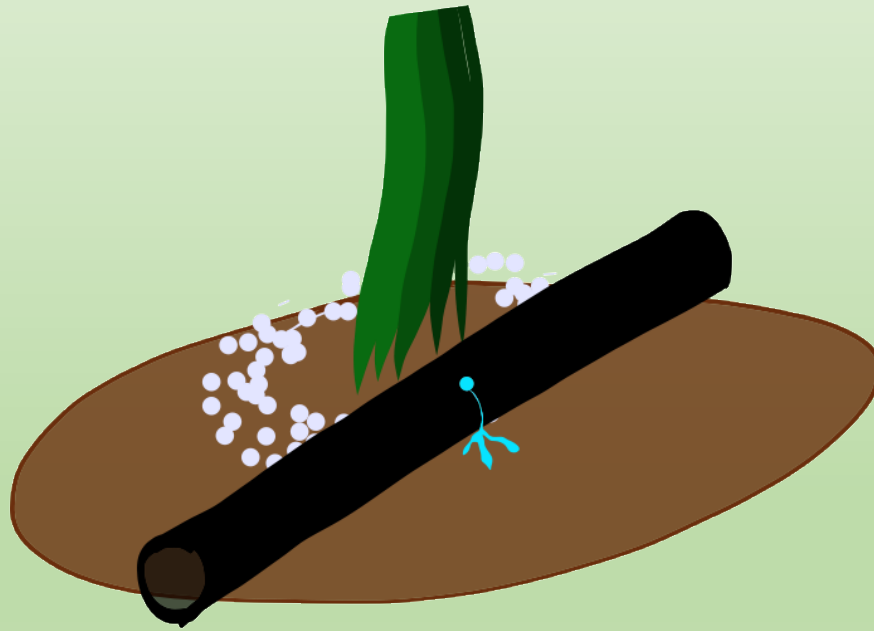
- Before planting the crop
- During the first 4 to 8 weeks
- Controlling weeds before they seed



- Cover crops as weed control
- Can compete with weeds during fallow period
- Can be used as mulch to keep weeds down during crop growth



- Irrigation and fertilizer use
- The more accurate you are with fertilizer and irrigation the less weeds
- Drip and spot irrigation and basal fertilizer are the best





# Health and labor issues with weeding

- It takes hundreds of hours to weed one hectare
- Weeding is damaging to a persons back
- Reducing amount of time in stooping position improves quality of life



Photo credit: Ariana Rose Taylor Stanley



Photo credit: Gardening Solutions Flickr page  
<https://www.flickr.com/photos/gardeninginaminute/1439698420/in/photostream>



- Use cultural methods to reduce weeding
- Use properly sized tools to bend over less
- Practice good posture when weeding
- Change labor division so all farm hands weed evenly
- Chemical use if weeds are out of control



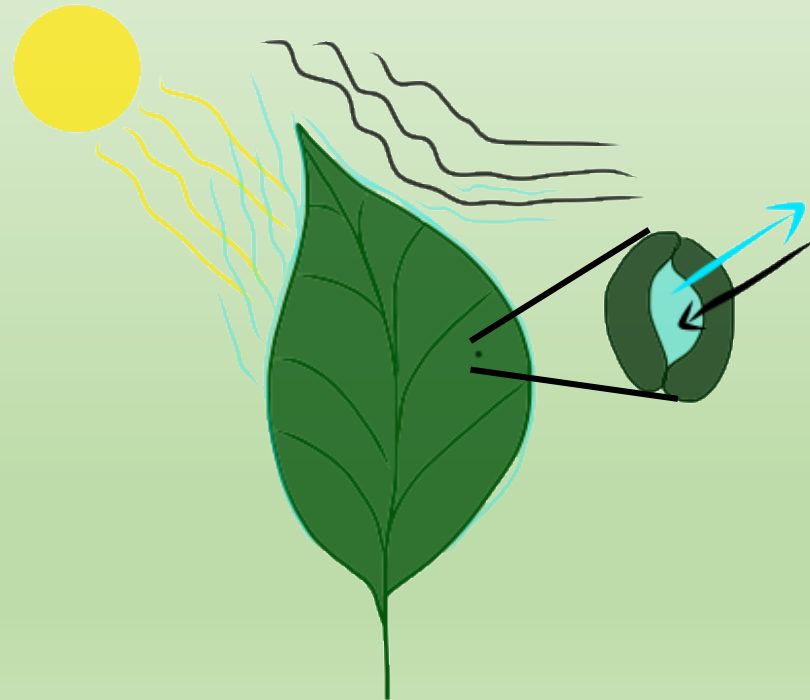
# Discussion

- How many hours do you spend weeding?
- What tools and techniques do you use?
- How do you think weeds affect your yield?
- Did you learn anything new from this section?
- Do you have anything to share with me?



# Irrigation Management

- Vegetable crops lose water very quickly
- Wind and sun exposure increase water loss



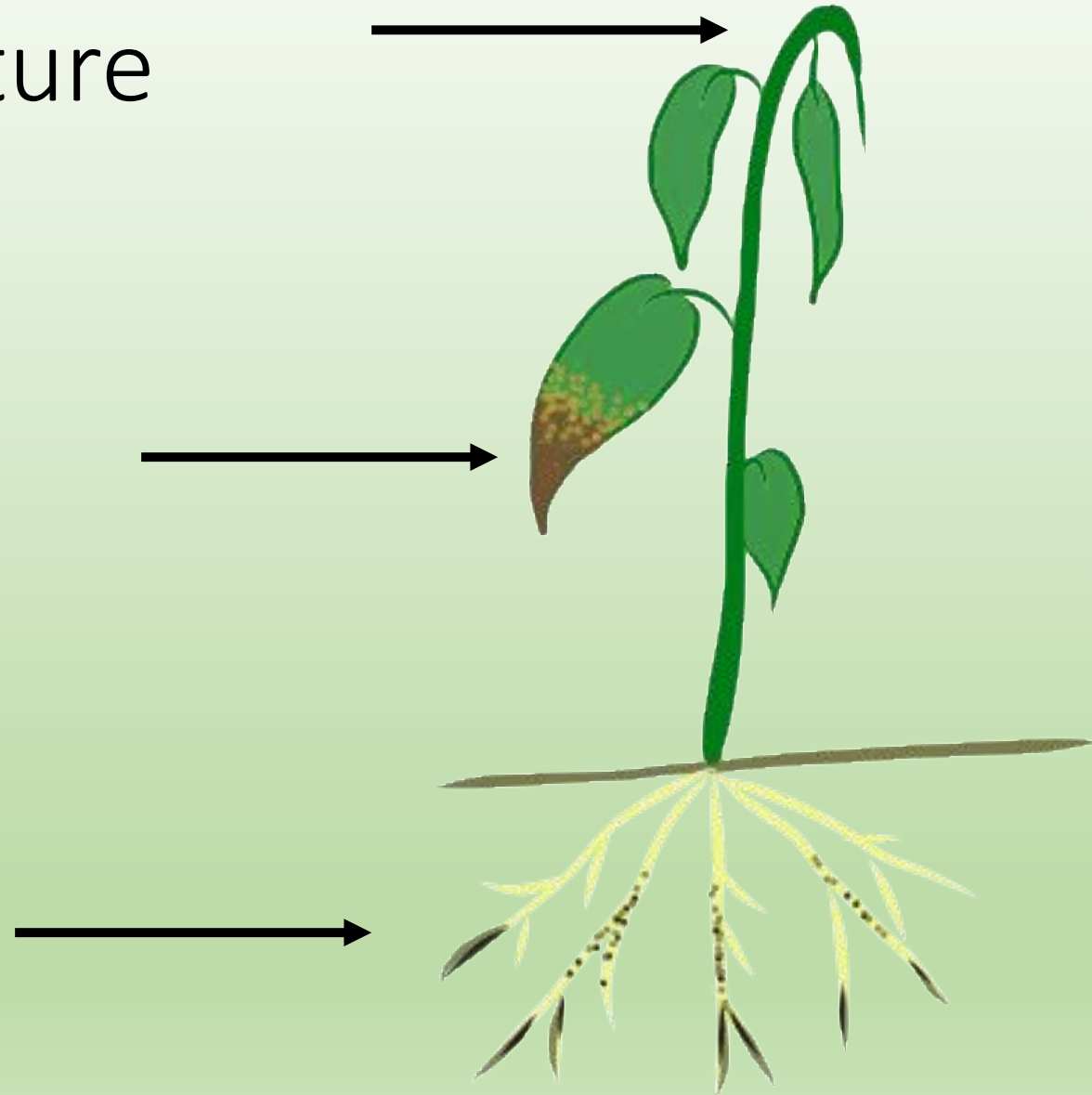
# Drought Stress

- Can stunt plants
- Reduce yields
- Cause flowers and fruits to drop or be of poor quality



# Too much moisture

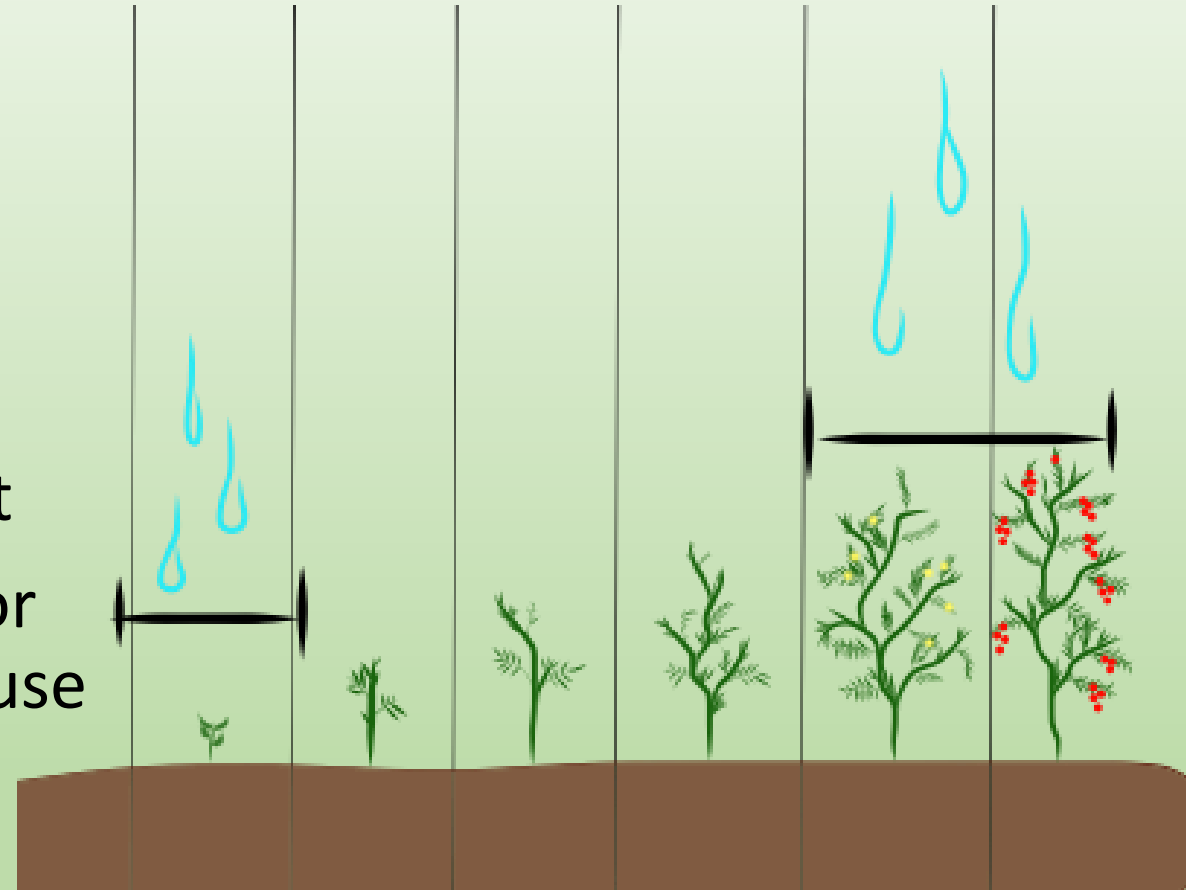
- Can kill roots
- Cause disease
- Too much growth
- Reduce flavor
- Reduce yield





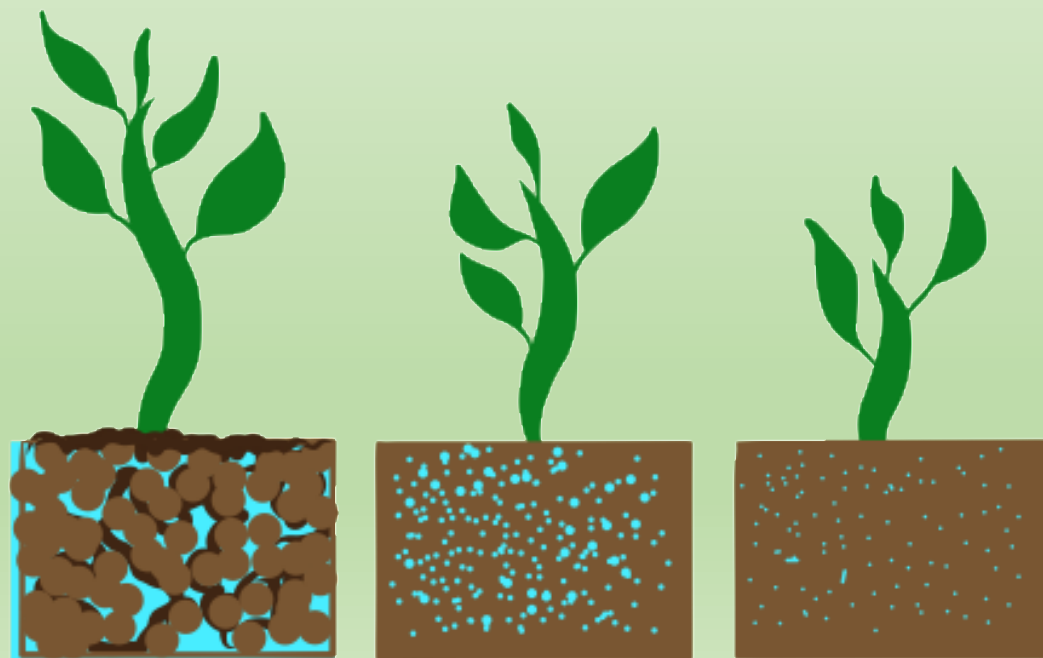
# Critical periods of water use

- Specific periods that are important to manage water
- Seedlings
- Tomatoes and eggplants: Period of flowering, fruit set, fruit development
- Nightshade: Need water constantly for foliage harvesting, can reduce water use immediately after harvesting



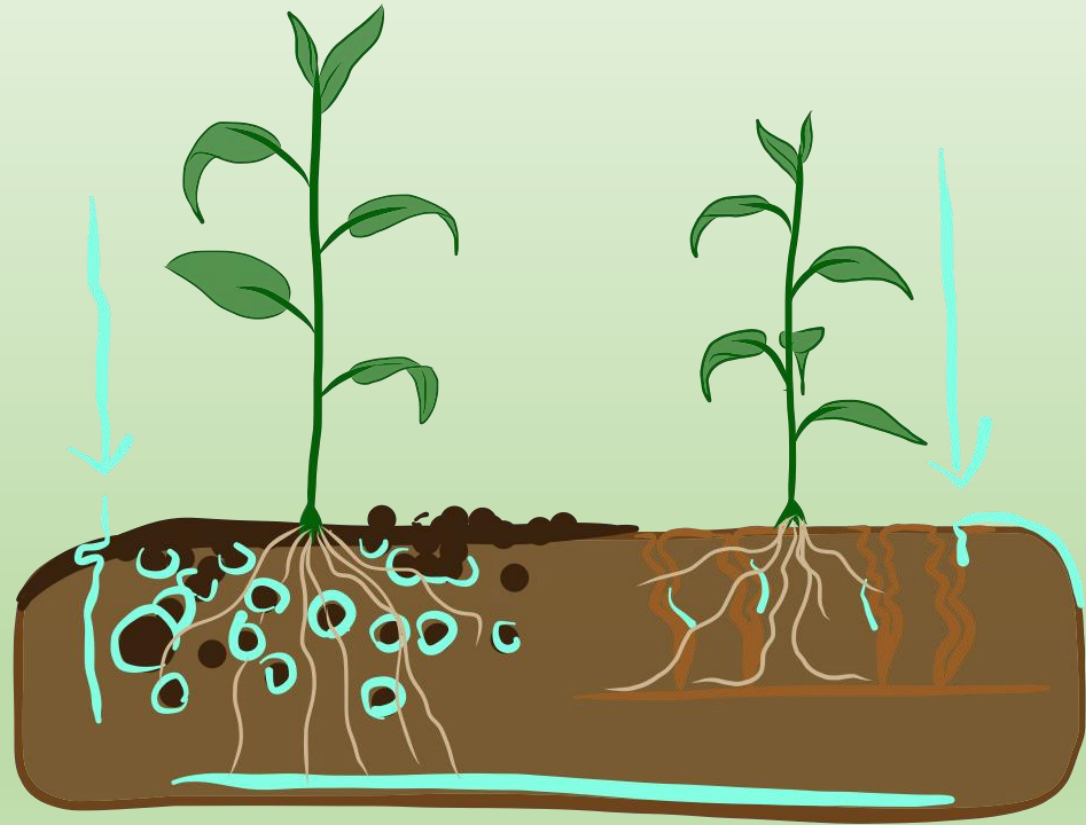
# Soil water holding ability

- Important during low rainfall times
- Different soils have the ability to hold different amounts of water for different amounts of time



# Increasing water holding ability

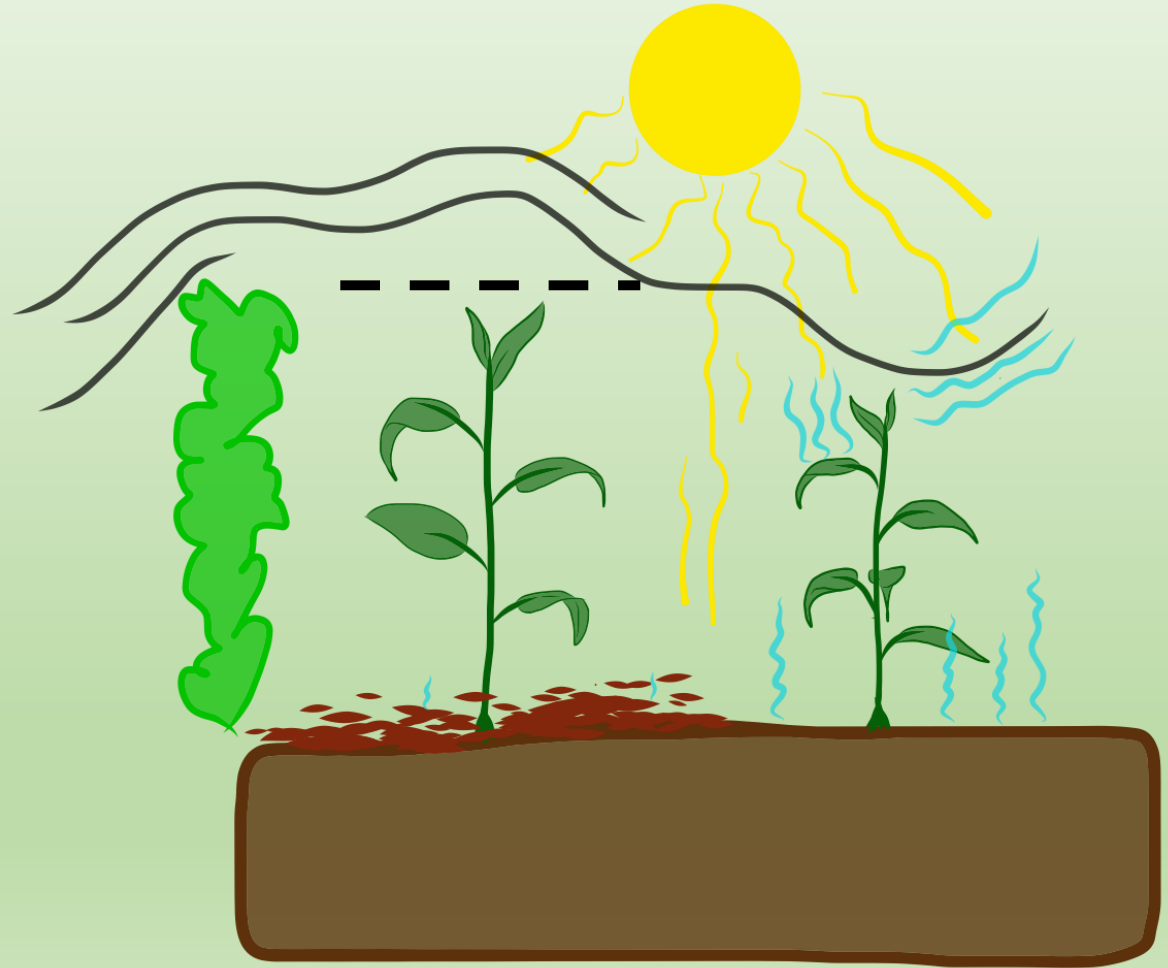
- Increase soil organic matter
- Reduce tilling
- Stop tilling





# Reducing water loss

- Change soil bed type
- Shade structures
- Wind breaks
- Mulch



# Irrigation types

- Surface: flooding or furrow
- Sprinkler
- Drip

# Surface

- Flooding needs flat surface, furrow can have slope
- Furrows require labor
- Flooding can cause disease

Photo credit- Roshan Paudel





# Sprinkler

- Cheap and little labor
- Uniform
- Can cause disease





# Drip

- Water efficient, good for weeds, low labor after install
- Potentially expensive





# Water source

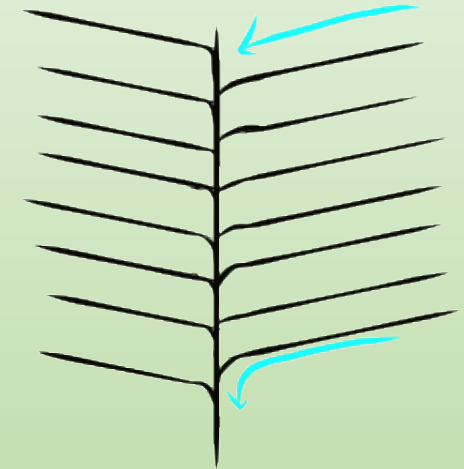
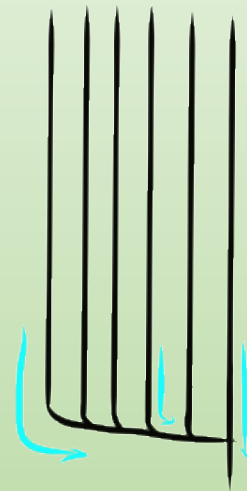
- No chemicals, salts, or sewage
- Know conditions of your water source





# Drainage

- Can control water logging
- Open ditches are the only effective means
- Should run downhill
- Can use area where water collects to grow weed free water loving crops



# Discussion

- What are your water sources?
- How do you irrigate?
- What issues do you have related to irrigation?
- Do you have access to irrigation supplies?
- Did you learn anything new today and do you have anything to share with me?

Thank you for your time!

Final Discussion



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